

December

2015

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31-Day Meal Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		¹ Meatloaf with mashed potatoes, corn, applesauce & salad	² Chicken Roma with Egg Noodles & Salad	³ Onion Pork Chops Cauliflower & Broccoli Rice	⁴ Pizza	Taco Bar
⁶ Chop Suey with Rice Bread	⁷ Chicken Oregano with Oregano potato wedges & Green Beans	⁸ Spaghetti & Salad	⁹ Enchilada's	¹⁰ Swiss Steak Mashed Potato Corn	¹¹ Pizza	¹ Jeans Pork Chops with onion rice, corn & salad
¹³ Chicken Parmesan Bread * Salad	¹⁴ Tamale Pie	¹⁵ Salisbury Steak Mashed Potato & Corn	¹⁶ Ravioli, bread & salad	¹⁷ Steak Baked Potato & Broccoli	¹⁸ Pizza	¹⁹ Roast with carrots, peas and onion potato & dinner rolls
²⁰ Baked Ziti, Salad * Bread	²¹ Rice Crispy Chicken Potatoes & Peas & Carrots	²² Breakfast for Dinner	²³ Manwich with chips	²⁴ XMAS EVE	²⁵ XMAS DAY	²⁶ Pizza
²⁷ Chicken Teriyaki & Potatoes	²⁸ Pulled Pork Sandwich with salad	²⁹ Smoked Sausage & Mac & Cheese	³⁰ BBQ Chicken, Pork & Beans, broccoli rice	³¹ NEW YEARS EVE BIG Steak Dinner!		